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### MARIALARIS MARIALARIS



I M G C

INTERNATIONAL MARTIAL ART GAMES COMMITTEE





Besides, as the date and venue for the 7th IMG were settled and publicized, not only member organizations but also other international martial art organizations have shown much interest and express their intentions to participate in the Games.

The International Taekwon-Do Federation (ITF), a founding member of the IMGC, is planning to organize the Open CIS Cup, World Cup Taekwon-Do ITF within the framework of the 7th IMG. The World Karate Confederation (WKC) expressed its intention to participate in the Games while the World Jiujitsu Confederation(WJJC) expressed its desire to hold a Jiujitsu competition during the IMG.

The World Judo Federation(WJF) and the World Pangration Athlima Federation(WPAF)(both are members of IMGC) informed the IMGC HQs that they would discuss the issue of the 7th IMG at their coming EB meetings.

Newly affiliated member, WFKA(the World Federation of Kowat Alrami and Self-defense) stated that they would do their best for the Games.

The Australian Mixed Martial Arts Sports Association(AMMASA) emailed to the IMGC HQs that it would organize a Mixed Martial Arts Demonstration in the 7th IMG. And the World Pahuyuth Federation(WPF) expressed its intention to hold its World Championship.

Up to now, 10 martial art disciplines are scheduled to be represented in the 7th IMG: Taekwon-Do, Karate, Judo, Jiujitsu, Pangration, Taichichuan, Jendo, Kowat Alrami, Mixed Martial Arts, Pahuyuth.

The 7th IMG will be held in Minsk, the capital of the Republic of Belarus from 29th November to 4th December in 2017. The world-renowned "Minsk Arena" Stadium is the Games venue.



## IMGC HQs Delegation visits several countries of the world

-Visit to Philippines

The delegation participated in the International Open Jendo Arnis Championship which took place in Mandaluyong City, Philippines from the 13th to 15th November.

The delegation addressed a congratulatory speech in the opening ceremony and briefed on the 5th IMG.

They met the Mayor of Mandaluyong City and he promised the financial support to send the Jendo team to the 5th IMG.





### -Visit to Greece

The delegation participated in the 5th World Pangration Athlima Federation which took place in Laconia, Greece from the 16th to 19th November.

The delegation made a congratulatory speech in the opening ceremony where about 600 players from 32 countries and many spectators were present.

The President and Secretary General of WPAF and many national bodies expressed their intention to participate in the 5th IMG.

The officials of the local governments and the Mayors of Evratas and Tripoli also expressed their intention to be active in support.

Now member IFs and NMGCs are on a high tide in preparation for the 5th IMG.



Martial - Arts World



## The story of Pangration (1)

## On the relation between the analent Olympic and Pangration

Pangration, the most famous sport of Greek antiquity, was included for the first time in the Olympic Games in 648 B.C. Combining wrestling and boxing techniques as well as kicks with the feet, Pangration became the most popular sport and formed an integral part of all major and local athletic contests in the Classical and Roman periods, from Italy to Anatolia and from Black Sea to Egypt. It was even a part of the required military training of ephebes (young men), while in Sparta there were Pangration matches for women.

Pangration matches and training bouts were mainly practiced at gymnasia, palaestra, stoas, stadia, konistras, theatres and, in Roman times, amphitheatres. Usually Pangratiasts competed mude, flust like other athletes did. They competed in classes (children, adult men and in some cases young men) and in couples, selected by lot. When the number of competitors was odd, one of them had a bye, and he advanced to the following round without having to compete.

Consequently he had to compete fewer times to reach the final round. When a competitor won without a single bye, he mentioned it with pride.

The athletes could fight standing or on the ground. From ancient Greek pottery and sculpture we get much information in regard with the striking techniques and practice, the training methods and the sport equipment. The basic instruction of conducted Pangration by was the Paedotribae, while higher level athletes were usually trained by special trainers who were called Gymnastae, some of whom were successful Pangration athletes before.

The main features of modern Pangration preserve its ancient character. To begin with, the official language used during the contest (terminology) is ancient Greek, while the instruction program is based on techniques and methods which were in use during antiquity. Further more the distinction of Pangration in two main categories, the upper Pangration and the lower Pangration, is also an establishment inherited from the past.



# The story of Pangration (2)

## On the Foundar of Pangration

The origins of the Pangration are to be found in ancient Greek mythological traditions: the struggle of Heracles with the Nemean Lion, of Theseus with the Minotaur, and of Ajax with Ulysses (Odysseus). The depictions of those scenes are known to us from vases and statues, where the applications of Pangration techniques are represented. Later, in the Classical period, worship of "Heracles Pangrates" is also attested.

Pangration contests were initially conducted outside established athletic events, in the frame of funeral games in honour of mythical figures. Several sources refer to matches following a challenge.

According to Aristotle, Leucarus of Acarnania finalized the sport's rules.

Historical sources, mentioning the Pangration, cover the period from the 8th century B.C. to the 12th century A.D. (those after the 5th century A.D. are lexicographical). Literary, epigraphical, and iconographical evidence contributes to our understanding of this ancient sport.



#### The International Taekwon-Do Federation

12th Junior and 7th Veteran ITF Taekwon-do World Championships

The 12th Junior and 7th Veteran ITF Taekwon-do World Championships was successfully held in Andria, Italy from 7th to 11th September with the participation of over 370 athletes from 40 countries including Argentina, Australia, Belarus, DPR Korea, etc. Through the competition, all participants deepened friendship among true Taekwon-doists and expressed their unwavering support for original Taekwon-Do and ITF, the legacy of Gen. Choi Hong Hi.

### The World Karate Confederation

11th World Cadet, Junior and Senior Championships and World Cup for Children

The 11th World Cadet, Junior and Senior Championships and World Cup for Children sanctioned by the World Karate Confederation (WKC) took place from 23rd to 26th June in a beautiful Italian coastal resort of Rimini. The hosting federation-FIAM did their best to organize a technically best ever championship as far as managing the competition was concerned. In a word, it was a computer-guided competition with a precise schedule published on the internet for each competition day, meticulous online registration system, etc., thus setting up very high standard for future competitions.



eration (WPAF)

The World Pangration Athlima Federation (WPAF)

7th World Pangration Athlima Championships

In collaboration with the Italian Pankration Federation. the Pangration World Athlima (WPAF) Federation will 7th World organize the Pangration Athlima Championships at Eboly, Italy from 11th to 14th of November in 2016.





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